

The Sun Valley Figure Skating Club Newsletter

January 2010

Upcoming Events & Calendar Notes

- **Jan. 12, 2010: Entry deadline** for the SV Winter Games and February 21st test session (see article below).
- Jan. 14 – 24, 2010: [US National Championships](#), Spokane, WA.
- Jan. 27 – Feb. 3, 2010: Indoor rink closed due to a convention.
- **Jan. 29, 2010: Entry deadline** for Jackson Hole Invitational (see below).
- Feb. 5 – April 18, 2010: Session #2, Skate with Us - Friday afternoons.
- **Feb. 12, 2010: Entry deadline** for Missoula FSC Glacier Challenge (see below).
- Feb. 12 – 28, 2010: [Olympic Winter Games](#), Vancouver, Canada.
- Feb. 20, 2010: Sun Valley Winter Games (see announcement info below).
- Feb. 21, 2010: USFS Test Session (deadline for test app. is Jan. 12th).
- March 10, 2010: Jackson Hole Test session.
- March 11 – 14, 2010: Jackson Hole Invitational competition.
- March 19 – 20, 2010: Missoula FSC test session and Glacier Challenge.
- April 17, 2010: Spring Show (Tentative).
- June 19 & 20, 2010: Boise Ice Classic and test.
- July 22 – 25, 2010: SV Summer Championships.

Winter Games & Test Session Application Deadline: Today, Jan. 12th

The Sun Valley Winter Games announcement is now online at the [club website](#). The competition includes events for all levels, Basic Skills through Senior, and will take place on February 20, 2010. Note that entries are due today: January 12th! There will also be a USFS test session on Sunday, February 21st. [Test applications](#) can be found on our website and are also due on Jan. 12th.



*Many of you know National ice dance competitor and summer ice dance coach, Joel Dear from the summer program here. Joel is returning on Jan. 15th and he, along with fellow ice show performer, Ashley Clark (see photo at left), will be trying out the ski season while being available for lessons at least through the Feb. 21st test. If you would like to take advantage of this great opportunity to take dance tests mid-year, please contact Joel at (231) 218-6512. Also, see below for information on a special Sunday afternoon ice dance clinic for all ages and abilities.



Christmas Show Photos!

The SVFSC is lucky to have two professional action photographers as skater-dads! A huge thank you goes to Jamie Bourret (Isabella's dad) and Steve Gentling (Sheldon's dad) for donating more than 200 photos taken during Sun Valley Company's 2009 Christmas Eve Ice Show. Andrea Nelson also took and donated several fun posed group and candid backstage shots. Some of the photos are posted on the SVFSC bulletin board at the

rink, but there are many more in Steve and Jamie's collections. The photos have been stored on websites that permit downloading without charge. To access them, click on the following links:

- Jamie Bourret's Show Photos:
<http://www.gallery.me.com/jamesbourret/100361>
- Steve Gentling's and Andrea Nelson's Show Photos:
<http://www.famousspuds.smugmug.com/SVFSC-Photos/Ice-Shows>



To copy the photos to your PC, simply right click on a photo and choose your option. (I'm sure you can do this on a Mac, too, but you're on your own there.) The Smugmug site also has a "Share" button with e-mail and other actions you can select. If you don't have a home photo printer, you can load the photos to a disk and print them at F Stop or use one of the online services, including Smugmug's own. If you want a high quality professional print or an enlargement, your best bet is to contact the photographer. For Jamie, e-mail: 2jbouret@cox-internet.com, for Steve, e-mail: sgentling@aol.com, and for Andrea, e-mail: acn@cox.net.

Reminder: Don't miss Jamie Bourret's Fashion Show Fundraiser photos! Last August,

Jamie donated pro action shots of the SVFSC Fashions On Ice fundraiser. These prints may not be downloaded, but they may be viewed and purchased directly from the site with profits donated to SVFSC. Jamie will also make very cool posters and enlargements upon request. There's an example of a Fashion Show poster of Lane LeTourneau hanging in the club office. The fashion show photo site might not be available much longer, so please don't wait to view these! <http://www.photoshelter.com/gallery/Fashions->



[on-Ice-2009-for-posters-email-your-request-and-Ill-create-the-poster/G0000C7YLeSds3Qw](http://www.sunvalleyfigure.com/on-Ice-2009-for-posters-email-your-request-and-Ill-create-the-poster/G0000C7YLeSds3Qw).

Sunday, Jan. 17th: Group Ice Dance Clinic

All ages and levels are invited to join ice dance coach, Joel Dear, for a one-hour ice dance clinic on Sunday, Jan. 17th, from 2:30-3:30 p.m. on the indoor ice rink. The cost is \$20 per skater and includes ice time.

A senior-level national ice dance competitor, Joel has taught dance in Sun Valley for many summers as well as performed in the summer ice shows. He will be kicking-off his arrival in Sun Valley with a group dance class which is designed to cover ice dance steps and edges, compulsory dances and footwork.

Ice dance is a fun way to improve your skating quality. With the new Moves tests coming next fall and the increased importance of footwork in freestyle programs, ice dance can have a direct impact on improving your competition scores!

Upcoming competitions: Jackson & Montana

Jackson Hole Competition

The annual Jackson Hole Invitational (JHI) competition and test session is scheduled for March 11th – 14th, with the test session being held on March 10th. The entry deadline for postmarked applications is January 29th. The application can be found on the [Jackson Hole Figure Skating Club's website](http://www.jhfsc.org) (<http://www.jhfsc.org>). If you have never been to the JHI, it's is a fun one! In addition to the traditional events, they have "Gong Showcase," and they throw a karaoke party for the skaters, complete with prizes for "Best Hat" and "Best Belt!" They also have a \$65 per night competition rate at the Snow King Hotel which is walking distance for the rink.

Note: because this competition takes place after our Winter Games test session, but the application is due before the outcome of the test has been decided, Andrea Nelson has confirmed the following information: Jackson Hole FSC will permit skaters to compete as long as they pass the required test before the competition; they need not have passed at the time they submit their application. This means they can apply when they are two FS levels below the level they wish to compete in, just so they are no more than one FS level below before they actually compete (JH allows skaters to skate "up a level.") They need to note their plan to test on the application and agree to withdraw (probably with no refund) if they don't pass.

Missoula, MT Competition

The Missoula Figure Skating Club is holding their first ever Glacier Challenge on March 19th and 20th. A test session will be held on March 19th. The entry deadline for postmarked applications is February 12th. The application can be found on the [Missoula FSC website](http://www.missoulafsc.org) (<http://www.missoulafsc.org>).



Abby & Alex at Junior Nationals

SVFSC skaters Abby Chase and Alex Sullivan finished 10th in both compulsories and 10th in the free dance to place 11th overall at the USFS Junior National Championships held in Strongsville, OH. in December. This was the first time the Juvenile dance team had competed against other teams. The experience was invaluable because it exposed them to high-level dance competition from the East Coast and Mid-West teams.

“I learned so much and it was really fun to meet other ice dancers,” said Abby, “the kids who placed on the podium had already been to JNs at least one and sometimes two times at the Juvenile level. It was inspiring and helped me set my goals for next year!”

One of the nice things about going to Junior Nationals is the ability to attend the “Reach for the Stars” program. This is a USFS education series for parents and skaters. The classes stressed the importance of regular stretching, periodization schedules for training and committing to off-ice classes such as pilates, hip-hop (good for ankles and knees) and other sports for cross training. The classes included: nutrition, sports science, stretching, GOE for dance, freestyle and pairs, how to avoid being a stressed out skating parent and media training for skaters.

Thank you: Andrea, Steve & Michelle, Joan, Holly and Lana!



SVFSC Junior members had a terrific time at the Club’s annual Holiday Party, Sunday, December 13, 2009, at the Sun Valley Bowling Alley.

The junior club members enjoyed pizza, bowling and a fun gift exchange. Every member left with a Christmas goody bag. Thank you to Joan Lamb and Holly Wheeler for organizing this fun social event, to Andrea Nelson and the Gentlings for supervising, and to Lana Breazeale for letting the club use the Sun Valley Bowling Alley!



Congratulations!

Isabella Bourret Makes Television Debut

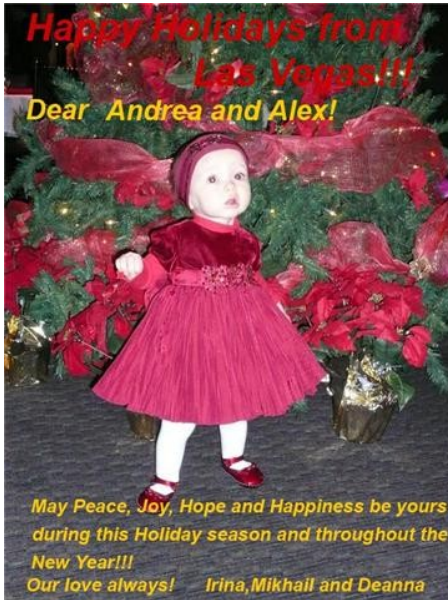
After submitting a photo and bio, then being invited to an audition, Isabella
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Bourret was selected to be filmed last month as a figure skater for a Proctor and Gamble commercial.

The filming took place in Salt Lake City, and the spot is slated to run on Super Bowl Sunday, and then during the Olympics. The commercial has not yet been through final editing, but let's keep our eyes out for Isabella when we watch these events!!

Irina Grigorian's daughter, Deanna



Andrea and Alex shared this darling photo card of Irina and Mikhail's little girl (see photo at left).

Irina was pregnant when she performed in the Sun Valley Summer Ice show the summer before last, so Deanna is about a year old.

We hope to see all of them return to Sun Valley in the near future!

More Information

- More information can be found on the [Sun Valley Figure Skating website](#).
- Questions about the club can be emailed to: info@sunvalleyfsc.com.
- Newsletter submissions are due on the last day of the month to be included in the next month's edition. Suggestions are greatly appreciated! Please send comments and submissions to: coleenc@hotmail.com.